

Day light savings time change: Spring ahead 1 hour on 03/13/16

1st April Fools! Parents' night out glow pajama party! \$30 pizza incl. 6-10pm Really!

March 2016



Happy Birthday! look for a star * on your day!
 Vanessa Parker 03-02, Joey Jewello3-05, Jack Pounds 03-06,
 Ask about our "Black Belt for the Day Birthday Party Packages"
 Next TEST DATE: May 12- & 14, 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Feb 28 Week 2 Basics & review	29 Basics Clips 6:30pm Weapon Sword form	1 Basics & Drills 7:00pm Tai Chi w/ Rita Do you need new sparring gear???	2 Sparring for all classes. 5:30pm Junior Age 6:15pm Teen/Adult 7:00pm Leadership training. 6:00 pm Zumba	3 Forms & basics review 7:15pm Tai Chi	4 Closed	5 8:30am Tai Chi beginners 9:30am OPEN FLOOR
6 WEEK 3 Form basics & Sparring	7 Segments & Forms 6:30pm Weapon Sword form	8 Forms 7:00pm Tai Chi w/ Rita	9 5:30pm Junior Age 6:15pm Teen/Adult 6:00 pm Zumba 7:00 Open Floor come in to work on your skills!	10 Sparring for all classes. Times as follows: 5:30pm Kubs & Juniors 6:15pm Teen/Adult 7:15pm Tai Chi	11 Closed	12 8:30am Tai Chi beginners 9:30am OPEN FLOOR Spring Ahead 1 hour! 
13 WEEK 4 Spring break week! Sign up for our POWER self defense!!>	14 Partner drills 6:30pm Weapon Sword form	15 Bring a friend to class today! FREE! 7:00pm Tai Chi w/ Rita	16 5:30pm Juniors Teens & Adults POWER Self-defense class today @ 6:30pm 8:30pm \$30 p/p (ask about discount for members)	17 St. Patrick's Day Today: wear Green to class! Forms review 7:15pm Tai Chi 	18 Private Lessons available. Book yours with us at the front desk!	19 Closed today!
20 WEEK 5 First day of Spring!! 	21 Forms Clips 6:30pm Weapon Sword form	22 7:00pm Tai Chi w/ Rita	23 Sparring for all classes. 5:30pm Junior Age 6:15pm Teen/Adult 6:00 pm Zumba 7:00 Open Floor	24  5:30 Kubs Easter egg hunt! 7:15pm Tai Chi	25 Closed Good Friday	26 8:30am Tai Chi beginners 9:30am OPEN FLOOR
27 WEEK 6 Happy Easter 	28 Board Breaking 6:30pm Weapon Sword form Sign up for our Parents' Night Out! >>> \$30 p/p	29 Sparring for all classes, including Kubs!!! 7:00pm Tai Chi w/ Rita	30 5:30pm Junior Age 6:15pm Teen/Adult 6:00 pm Zumba 7:00 Leadership training	31 Forms & Fighting forms 7:15pm Tai Chi	April fools 1st  It's Our first Parents night out & pajama glow party! Wear your favorite pj's & we'll have glow in the dark fun games! Pizza included! \$30	2 8:30am Tai Chi 9:30am OPEN FLOOR

Power Self Defense seminar on Wed. March 16th/16
 6:30pm to 8:30pm
 Reservation required \$30 per person. Make this a priority in your life!

Advanced Martial Arts
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817-488-1088



All Leadership Team members: will meet as per schedule listed on this calendar
OPEN FLOOR alternate w/ Leadership class on Wed nights@ 7pm see calendar
Class requirements for testing: 16 to 20 classes + 3 sparring classes for TKD

Full Uniform Days: Please wear you full uniform every **Mon., Tues., T-shirt days:** You may wear TKD school t-shirt & TKD kick pants on **Wed, Thurs, Fri. & Sat.** You must have shirt tucked in & wear your belt to each class.

Easter Egg Hunt for our Kubs, on Thurs, March 24th @ 5:30pm! Sign up for the WEAPONS CLASS! It's only \$20 p/month for this weekly class!

